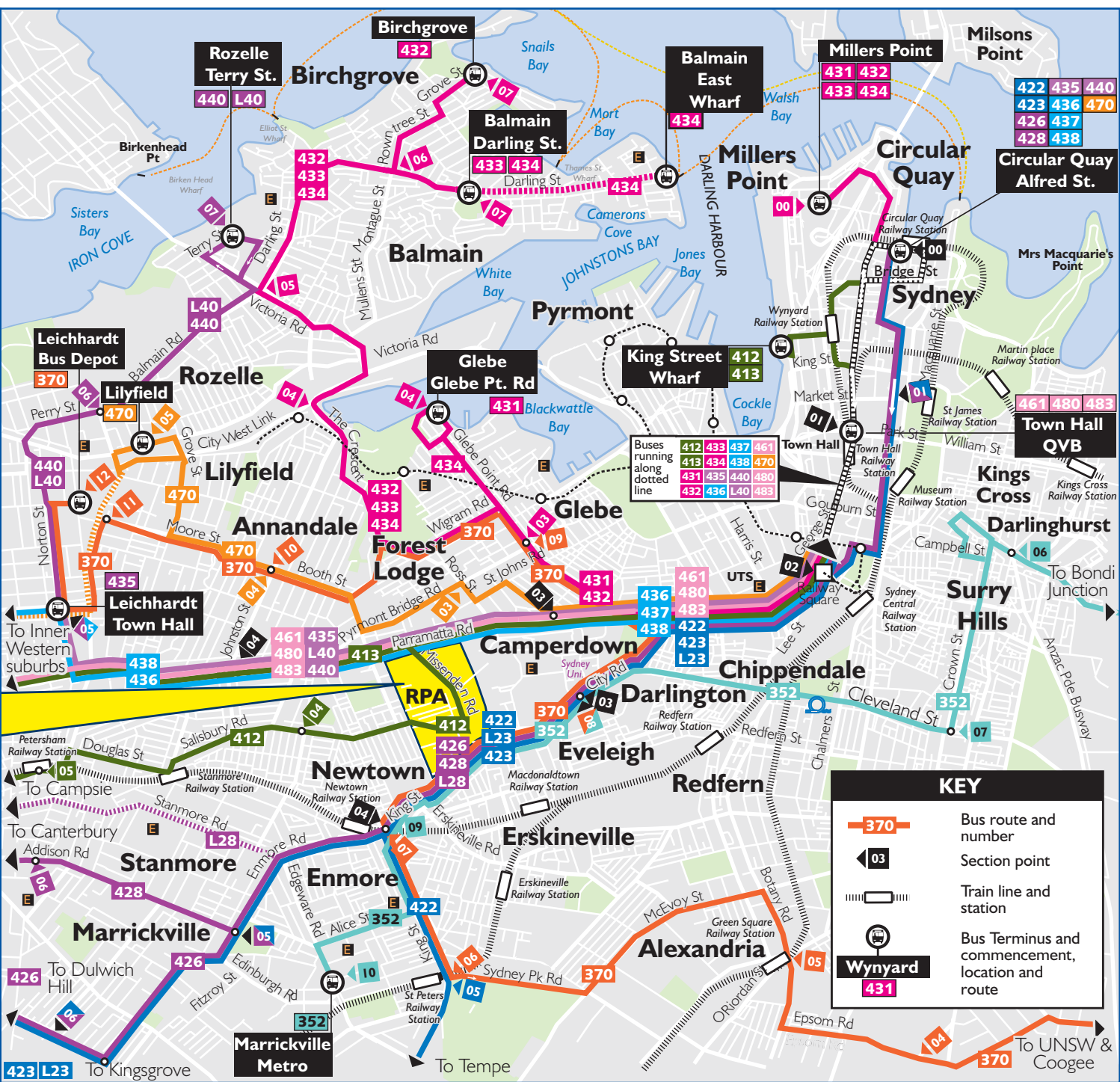


Local Area Map



Royal Prince Alfred Hospital Local Area Bus Routes



Safe bus travel for seniors

Boarding the bus

Watch your step and use the handrail.

Validate your ticket before taking your seat.

While the bus is moving

Stay seated, hold on and be alert at all times.

Getting to your destination

Press the stop button well before your stop.

Stay seated until the bus comes to a stop.

Getting off the bus

Ask the driver to wait until you're off the bus.

Exit by the front door.

Watch your step and use the handrail.



RPA Transport Guide



Public Transport Information for staff, patients and visitors of Royal Prince Alfred Hospital.



www.transitgraphics.com.au | version 1 | October 2006



RPA is just 3km from Sydney's CBD. Located on Missenden Rd in Camperdown between Parramatta Road and King Street, it is easily accessible by foot, bicycle and public transport.

Newtown Station is the nearest train station - approximately 20 minutes walk from the hospital, along King St and Missenden Rd. Or catch the 422 or 352 from opposite the station on King St, or the 423/426/428 from opposite the station on Enmore Rd and get off at Missenden Rd (Stop 7).

For front door service, catch the 412 bus. Starting at King St Wharf, the 412 travels along George St and Parramatta Rd to Missenden Rd, stopping right out the front of RPA Hospital. The 412 then continues onto Campsie, via Salisbury Rd.

The 422, 423, 426 and 428 will drop you on King St while the 413, 435, 436, 437, 438, 440, 461, 480 and 483 stop on Parramatta Rd. King St and Parramatta Road are just a short stroll (10 minutes) to RPA Hospital. All of these buses travel to and from the City.

The 370 and 352 can also be caught to RPA Hospital. The 352 travels between Bondi Junction Interchange in the East, to Marrickville Metro. The 370 runs between Leichhardt and Coogee Beach. Alight both buses on King St (Stop 7 & 8) for RPA Hospital. See Local Area Map for more details.

TransitShop Locations:

Railway Square - George Street: open 9am - 5pm Monday to Friday,
QVB - York Street entrance: open 8am - 6pm Monday to Friday,
Wynyard - Carrington Street entrance: open 7.30am - 6pm Monday to Friday,
Circular Quay - Cnr Loftus and Alfred Streets (outside McDonald's): open 7am - 7pm Monday to Friday, 8.30am - 5pm Saturday and Sunday.

Tickets & Fares

Whether you're a staff, a patient or a visitor at the hospital, there are ticket options to suit your travel needs.

Single Ride Tickets 🚌 – This ticket is practical if you are visiting the hospital only once. Tickets are available from the driver on the bus. If you plan to do several trips, it is best to buy a TravelTen to save time and money.

prepay for a faster trip Buying your ticket from the bus driver slows down the service and delays travel for everyone. Buy a TravelTen or TravelPass from a ticket agent or CityRail station before you travel. You'll save time, money and help speed up the bus service for everyone.

TravelTen 🚌 – A TravelTen is one bus ticket with ten discounted rides on it. It does not expire until all ten trips are used up. TravelTen saves you up to 20% off a single fare. It is section-based and colour-coded depending on the number of sections travelled.

Maximum distance of travel by direct bus service:

To City	To Innerwest / Southwest Suburbs
1-2 Sections fare (BLUE TravelTen)	
Railway Square (412 from Missenden Rd; 422-428 from King St; 413, 436-440, 461, 480, 483 from Parramatta Rd)	Petersham station (412) Leichhardt Town Hall (435-440) Parramatta Rd & West St, Lewisham (413, 461, 480, 483)
Cnr Crown St & Cleveland St, Surry Hills (352)	Cnr Addison & Enmore Rd via Newtown station (423-428) St Peters station (422, 370)
3-5 Sections fare (BROWN TravelTen)	
Circular Quay & Millers Point (422-428 from King St; 413, 436-440, 461, 480, 483 from Parramatta Rd)	Earlwood shops (412); (423 from King St) Croydon Ave, Croydon Park (413)
Bondi Junction (352)	Cnr. New Canterbury Rd & Metford St, Canterbury (428) Great North Rd & Coranto St, Five Dock (438) Liverpool Rd & Chelmsford Ave, Croydon (480, 483)

TravelPass* 🚌🚆🚢 – Allows unlimited travel on bus, train and ferry based on the zone and modes of travel paid for. RPA is within the 'Red' (bus, train & ferry) or 'Blue' (bus & ferry) TravelPass zone. The more you travel, the more you save. Available as weekly, quarterly or yearly ticket from CityRail stations, TransitShops, ferry ticket sellers and selected ticket agents.

For more fares and ticket details, timetables, maps, trip planning and other transport information, visit www.131500.info, drop into a TransitShop in the City or call the Transport Infoline on 131500 for the cost of a local call.

* Conditions apply.

Guide to Bus Routes and Frequencies from the Royal Prince Alfred Hospital

Frequency refers to the approximate time between each service from 7am to 6pm, Monday to Friday. Approximate travel time refers to the average time it takes a bus to travel from RPA to the corresponding destination (in minutes), on the listed service(s). All times are subject to traffic conditions.

One third of State Transit buses are wheelchair accessible. Routes highlighted in blue have some accessible services. Check timetables at www.sydneybuses.info for details.



Destination	RPA Bus Stops	Bus Numbers	Freq. (mins)	Approx travel time
Abbotsford	10	438	10-15	25-30
Alexandria	8	370	10-20	20
Annandale	7	370	10-20	15
	10	413, 435, 436, 437, 438, 440, 461, 480, 483	1-4	5
Ashbury	10	413	20-30	20-25
Ashfield	10	480, 483	10-20	20
Bondi Junction	7	352	20-30	35
Burwood	10	461	10-20	30
Campsie	1,3,6,10	412	15-20	50-55
	10	413	20-30	35-40
Canterbury	8	428	10-15	30
Chiswick	10	436	20-30	30-35
Circular Quay	7	422, 423, 426, 428	2-5	25-30
	9	435, 436, 437, 438, 440	1-5	25-30
Clemton Park	1,3,6,10	412	20-30	40-45
	8	423	10-15	35
Coogee	8	370	10-20	40
Croydon	10	461	10-20	20
Croydon Park	10	413	20-30	30
Darlinghurst	7	352	20-30	15-20
Dobroyd Point	10	436, 437	10-15	15-20
Dulwich Hill	1,3,6,10	412	10-20	25-30
	8	426, 428	5-10	20-25
Earlwood	1,3,6,10	412	10-20	35-40
	8	423	10-15	30
Enfield	10	480, 483	10-20	30
Enmore	8	423, 426, 428	5-10	10-15
Five Dock	10	437, 438	7-15	20-25
Forest Lodge	7	370	10-20	10
Glebe	7	370	10-20	5-10
Green Square	8	370	10-20	20-25
Haberfield	10	436, 437, 438	5-15	15
Hurlstone Park	8	428, L28	10-15	25
Kensington	8	370	10-20	30
Kingsgrove	8	423, L23	10-15	40

Destination	RPA Bus Stops	Bus Numbers	Freq. (mins)	Approx travel time
Leichhardt	7	370	10-20	20
	10	413, 435, 436, 437, 438, 440, 461, 480, 483	2-5	5-10
Lewisham	10	413, 461, 480, 483	7-15	10
Marrickville	1,3,6,10	412	10-20	15-20
	8	423, L23, 426	5-10	15-20
Marrickville Metro	8	352	20-30	15
Newtown	8	352, 370, 422, 423, 426, 2-5	2-5	5-10
		428		
Paddington	7	352	20-30	30
Petersham	1,3,6,10	412	10-20	10-15
	8	428, L28	10-15	15
Railway Square (Central Station)	2,4,5	412	10-20	5-15
	9	413, 435, 436, 437, 438, 440, 461, 480, 483	1-4	5-10
	7	422, 423, 426, 428	2-5	5-10
Randwick	8	370	10-20	35
Redfern	7	352	20-30	5
Rodd Point	10	436, 437	10-15	20
Rosebery	8	370	10-20	25
Rozelle	10	440	10-15	15-20
Russell Lea	10	436	20-30	20-25
South Strathfield	10	480, 483	10-20	35
St Peters	8	370, 422	5-10	10-15
Stanmore	1,3,6,10	412	10-20	5-10
Strathfield	10	480, 483	10-15	40-45
Summer Hill	10	480, 483	10-20	15
Surry Hills	7	352	20-30	10-15
Sydenham	8	422	15	15
Tempe	8	422	15	20
Town Hall	2,4,5	412	10-20	15-25
	9	413, 435, 436, 437, 438, 440, 461, 480, 483	1-4	15-20
	7	422, 423, 426, 428	2-5	15-20
Undercliffe	8	423, L23	10-15	20-25
Wynyard	9	413, 435, 436, 437, 438, 440	1-5	20-25
	7	422, 423, 426, 428	2-5	20-25
	2,4,5	412	10-20	25-30



Whether you are staff, a patient or a visitor at the hospital, consider walking, cycling or taking public transport as often as possible.

- Walking to your bus stop and on to your destination keeps you active - an important part of leading a healthy lifestyle.
- You can reduce motor vehicle emissions - the main source of pollutants and a major cause of respiratory disease.
- Each bus can keep up to 50 cars off the road for each trip, reducing pollution, noise, traffic and road congestion.
- Save money - catching public transport works out a lot cheaper than owning your own car, especially a second car!
- Arrive relaxed and stress-free - read the paper or book, have a chat with friends or talk on your mobile phone!
- Get dropped right at the door - no need to worry about finding a park.

To get additional copies of this guide or for a copy of *Smart Routes For Getting to Royal Prince Alfred Hospital and The University of Sydney* contact the Health Promotion Unit on 9515 9055 or download it from www.cs.nsw.gov.au/pophealth/ (click on Health Promotion).

